

Peel Language Development School

NEWSLETTER



IMPORTANT DATES

MANDURAH

26 - 30 August
Father's Day Stall

RLPS

22 August - Book Parade
& Books on Blankets

BUNGAREE

19 August - Library
Excursion

PINJARRA


20 Aug - Open Night

A MESSAGE FROM OUR PRINCIPAL

Kaya

Week 5 of Term 3 and we have recently exited the Noongar season of Makuru with its cold westerly gales and rain into Djibouti where we begin the first Spring warming and last weekend was very warm. The recently completed Yarning Circle and Bush Tucker Garden at the Rockingham Lakes Campus loved all the rain and was looking fabulous for the recent official opening.

With this wintry weather comes the winter illnesses. We have had many students and staff going home with upset stomach, head colds, influenza A and of course Covid. Please can we encourage you to keep your children home when they are unwell. They are unable to focus on their schoolwork and being sick they are spreading their germs to others as well.



The recent Olympics in Paris has featured in learning programs across all campuses. Pinjarra even held their own 'Potato Olympics' and by the photos shared with me it was 'spudtacular'. The students are involved this week in Science Week with its theme of Sustainability. Students across all campuses have engaged in lessons that explore sustainability in relation to plants. Mandurah Campus are busy learning Noongar culture as they recognize NAIDOC Week. Bungaree Campus have just completed their Book Fair and Book Parade. The theme for Book Week in Australia this year is Reading is Magic. Lots of learning is happening at all our campuses.


We are halfway through the term, and this is the time when we are turning our attention to beginning 2025 planning. Referrals for new places at Peel LDS close in September and then in Term 4 the Administration team begin planning at full steam. You can help us with this planning by notifying us via email if there are or are going to be any changes in your place of residence now or at the beginning of 2025. We would also appreciate knowing if you are moving out of area and are seeking to exit our program. Please can you let us know as soon as you can. I know you are all fully aware of how valuable places are at all our campuses so early notification is valued by us all as it can allow another student access to the program. If email is not possible then use the home/school Communication Book or Seesaw to advise us.

I will be away on long service leave from Friday 16th August for three weeks. I leave you in Amanda Whelan's capable care supported by our highly capable and dedicated Administration team.

Until the beginning of September, keep well and safe.

Boorda

Fiona Forbes
Principal





PEEL LANGUAGE DEVELOPMENT SCHOOL

Independent Public School SCHOOL BOARD GENREAL MEETING 6th August 2024

Chairpersons Communique

1 Chairperson
5 Members
2 Ex Officio's
4 Apologies

Business Arising from Previous Minutes:

- Yarning Circle FINAL update
- 2024 Board Member Survey results
- Name Change update

General Business:

- 2025 Voluntary Contributions and Charges schedule – endorsed
- 2025 Booklists – endorsed with changes
- EOY Board Awards – prizes approved
- 2024 Parent Induction Meetings (T4, Wk5) – members asked to attend if possible
- Expiring Member Tenures – Kim Sunderland (Community Member) and Tabitha Anderson Nott (Parent Member) renewed
- 2025 Referrals for Pinjarra campus
Vicki McKeown (RED) campus visit

Outreach Report tabled and reviewed

Finance Report tabled and reviewed

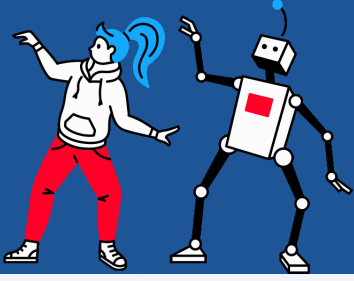
Principal report tabled and reviewed

Strategic Intentions for 2024 were discussed with the 2nd draft of the Peel LDS 2025 – 2027 Business Plan reviewed.

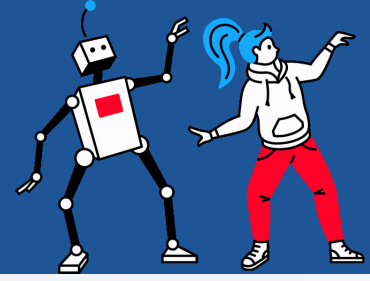
Kynan Ridley
Board Chair
Peel Language Development School

Next Meeting scheduled for

Tuesday 10th September 2024, 9.30am
Resource Room, RLPS Campus



BUNGAREE CAMPUS



ROOM 5

What a busy start to the term we have had in Room 5. Edu-Dance kicked off in Week 1 and what fun we have been having learning some new dance moves. We have had big smiles on our faces the whole time and we can't wait to show off our dance routine at our concert in Week 9.





BUNGAREE CAMPUS



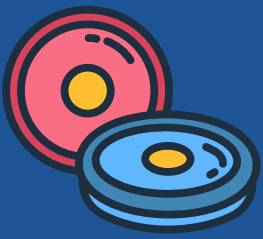
ROOM 5

In the classroom we have been learning all about the Olympics and the countries that are involved. We transformed our roleplay area into an airport and talked about where we could go on an airplane and what we would need to take with us. We each have our very own passport that we must get stamped every time we travel to a new country. We have also had lots of fun dressing up to go on our holidays. We have to think about what country we are going to and what the weather will be like there and dress appropriately.

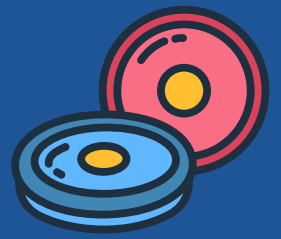


We have been watching videos of some of the Olympic sports to find out which our favourite is. From here, we created some awesome art pieces of us as Olympic Athletes. We then used our sound knowledge to write down what our sport would be and how we would celebrate if we won a gold medal.





BUNGAREE CAMPUS



ROOM 5

On Tuesdays with Miss Gillis, we have been taking our Maths lesson outside to participate in some Olympic games. Last week we had a go at Discus Throw. Once we had thrown our discus, we used string to measure how far it travelled. We are looking forward to some more Olympic fun over the next few weeks.



BOOK WEEK

Our Bungaree campus celebrated Book Week on Friday. We had lots of fun talking about our favourite books and look at all of these amazing costumes.



RLPS AND BUNGAREE CAMPUS

CROSS COUNTRY

The Interschool Cross Country running race was held at Lark Hill on Friday 4th August. Rockingham Lakes and Bungaree campuses were lucky to have 7 amazing runners from Peel Language Development School join the interschool teams.

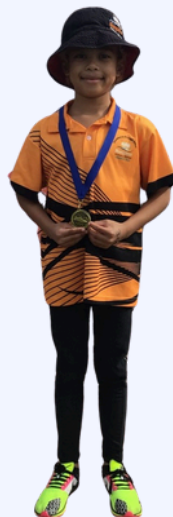


Congratulations to Sebastian, Andie and Gurshan from Rockingham Lakes and Gold, Maurice, Mia and Lulu from Bungaree.

Our wonderful participants raced against 70+ students from 12 other schools in their event and Gold from our Bungaree campus won the Year 3 boy race in a nailbiter finish!

Not only did these students perform admirably for the school but they were extremely well behaved and showed excellent sportsmanship towards Rockingham Lakes, Bungaree and the other competing schools.

Rockingham Lakes finished third overall in the final standings. Well done!



RLPS CAMPUS

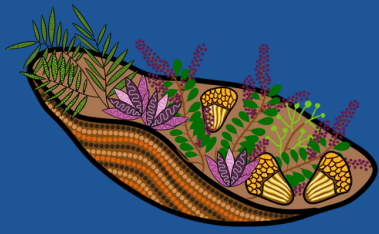
D3

What a busy start to the term it has been for D3. We have had so many exciting things happening. We started our term off with a celebration of 100 Days of School. We have been counting down to our 100 Day party since day one of term one. It was so good to see the costumes people came in and we had so much fun with numbers that day.



Our Year One students have run in the Cross Country, and we are so proud of their efforts and are amazed at the distance they can run. Well done Year Ones.





RLPS CAMPUS



D3

We also celebrated NAIDOC Week, which has been an important way to embed what we have been learning all year, as we have watched and helped to plant and develop our Yarning Circle. We have had a special interest in the grass trees we saw planted. We learnt that they are 130 and 150 years old and weigh 300 and 400kgs each. We used them as inspiration to have a creating and yarning session with Rockingham Lakes PP3 students to create our own grass tree, which has been displayed in the undercover area.



We have so many more events coming up this term and we can't wait to experience them all.



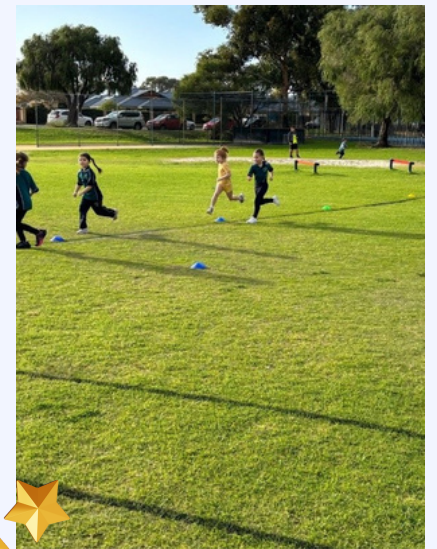


RLPS CAMPUS

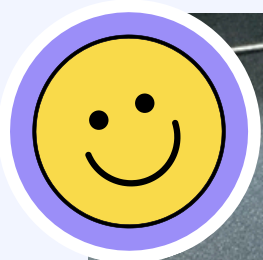


1.6

We have had an amazing and busy start to Term 3. We are straight back into learning, and we are working hard to increase our knowledge across all curriculum areas. We have had Cross Country, and we are so impressed with all the children's persistence whilst running. Congratulations to our very own Ivy Parry from Room 1.6 who won third for the Year One girls and got a medal. We also had several students who placed in the top 8 of their year, which was amazing!



We have had our Assembly item with 1.5, 1.2 and 1.1 to show the school what it means to be a T.E.A.M. All the children did such a great job getting up on stage dressed in their allocated sports and dancing and singing along to the song. They all did such an amazing job, and we were extremely proud of all the students for their wonderful performance.



RLPS CAMPUS

1.6

We also celebrated 100 days of school and participated in NAIDOC activities with our buddy class. We watched a performance by the Binjareb Middars and were excited that the Yarning Circle is now officially open.



BOOK FAIR

Thank you!

A **HUGE** thank you to all of those who attended last week's Book Fair. We managed to raise an astonishing **\$1,992!**

WHAT A FANTASTIC RESULT!





MANDURAH CAMPUS



ROOM 18



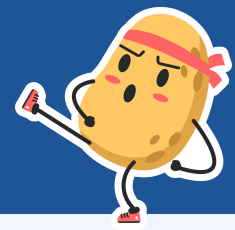
Wow, what a busy start to term three! This term our theme is animals. We have had fun retelling stories and learning about pets, farm, and Australian animals. The students have been working on their semantics- labelling and grouping skills. Our vet and camping role play corners have been a hit. Role play corners give students the opportunity to develop oral language skills, cooperative skills and chance to assume different roles in play. In the coming weeks we will move on to learning about wild and ocean animals.



As part of our social emotional learning we have been learning about emotions through the Zones of Regulation. We spent time identifying a range of emotions and brainstorming times we have felt happy, sad, excited and angry. We then talked about ways we can help regulate our emotions to help us get back into 'green zone'.



PINJARRA CAMPUS



It has been a very busy start to Term 3 with classes being involved with several incursions and class activities.

Pinjarra PLDS recently held their POTATO OLYMPICS with the students creating potato athletes to compete in the events. This made for a 'SPUDtacular' day of competition. Mr Louis came to open the event as the official 'officiaTATOR' and later returned to share some hilarious potato jokes.



There was an Olympic Flame Relay, an Athletes Parade, Medal Ceremonies, and lots of fun! We have a 'MASHing' good time! Congratulations to our amazing winners of the 'Good SPUDsmanship Award'. They demonstrated resilience and encouraged others during the events.

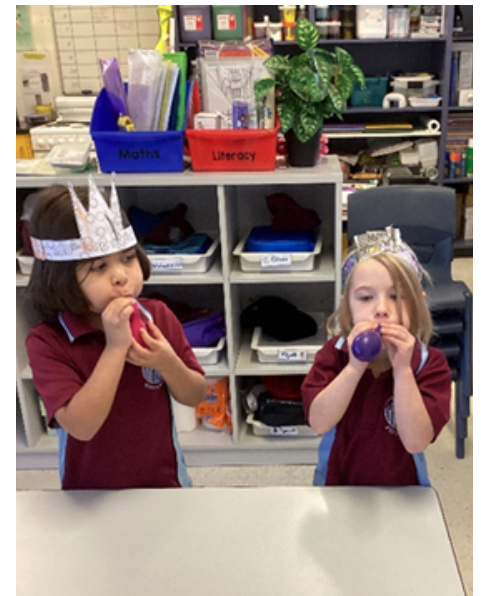


Room 28 held our '100 Days of School Olympics' where the students participated in 100 second long events created to be fun and challenging. We also had a Sports News Room set up during the Olympics for students to report on a range of events and to interview each other as they pretended to be competitors in different sports.



The Science Committee at Pinjarra Primary School are to be commended for once again putting together an incredible collection of investigations for the students to explore. They could interact with water experiments, magnets, cars on ramps, marble runs, feely boxes, light and shadow, and human body displays, just to name a few. An excellent way to celebrate Science Week.

SCIENCE Week



Book Week 2024 READING IS MAGIC Costume Ideas

Children's Book week®
Reading is Magic

#CBCA2024
17-23 August 2024



BOOK WEEK PARADE - THURSDAY 22ND AUGUST 2024

Alice in Wonderland: You can wear a blue dress with a white apron, black shoes, and a headband with a bow.

The Cat in the Hat: This is a fun costume that is easy to put together. Wear a black jumpsuit, a red bow tie, and a tall striped hat.

The Very Hungry Caterpillar: This costume is perfect for younger children. Wear a green onesie or shirt with green leggings, and add some antennae to your head.

Where's Wally?: This is a costume that is easy to recognize. Wear a red and white striped shirt, a blue hat, and round glasses.

The Gruffalo: This costume is perfect for fans of the popular children's book. Wear a brown onesie, add some fur to your arms and legs, and wear a Gruffalo mask.

The Lorax: This is a fun costume for Dr. Seuss fans. Wear an orange onesie, add some fur to your arms and legs, and wear a Lorax mask.

Matilda: This is a great costume for book lovers. Wear a blue dress with a white collar, and carry a stack of books.

Peter Pan: This is a classic costume that is perfect for adventurous kids. Wear a green tunic, brown leggings, and add a feather to your cap.

The BFG: This is a fun costume for fans of Roald Dahl's classic book. Wear a white shirt, brown trousers, and add some giant ears and a horn to your head.

Greg Heffley from Diary of a Wimpy Kid: This is a popular contemporary costume. Wear a white t-shirt, black shorts, and a backpack with a diary sticking out.

Auggie Pullman from Wonder: This is a great costume for fans of the book and movie. Wear a helmet, a dinosaur t-shirt, and carry a Star Wars toy.

Snugglypot and Cuddlepie by May Gibbs: Dress up as the iconic gumnut babies by wearing green clothing and attaching fabric gumnuts to your outfit.

Blinky Bill: Become the adventurous koala by wearing grey clothes, a red scarf, and creating some koala ears and a nose.

Possum Magic by Mem Fox: Choose between Hush or Grandma Poss by wearing brown clothing and adding possum accessories, like a tail and ears.

introducing our rocky bay ESIP Therapy Playgroup



Ages: 0-5 years | **Time:** 10am to 11am

When: Running every Wednesday for 10 weeks, 17 Jul to 18 Sep

Location: Calista Child and Parent Centre, 22 - 50 Harlow Road, Calista WA 6167

What to bring: A snack and drink for your child

What Can You Expect?

At our Early Start Intervention Program (ESIP) Playgroup you can expect laughter, new friends, and valuable skills to support your child's development. Our sessions are tailored to meet each child's unique goals, with expert guidance provided to help you continue the progress at home.

About our ESIP Playgoup

The program offers evidence-based multidisciplinary support for children under 5 years old who may have developmental delays. Our playgroup is designed to provide therapy support in a fun, engaging environment, helping eligible children achieve their developmental goals through group activities.

Find out if you're eligible!

Please complete the referral form and send it along with any supporting documentation to: ESIP@rockybay.org.au, fax: 08 9383 1230, or mail: PO Box 53, Mosman Park WA 6192.

rockybay.org.au



Rocky Bay
HEALTH + COMMUNITY

Bethanie and Playgroup WA invite local families to an

Intergenerational Playgroup

WHEN: Fridays fortnightly
starting August 23

TIME: 10am–11:30am

WHERE: Bert England Lodge
111 Woodbridge Drive
Cooloongup

COST: **FREE**



Intergenerational Playgroups bring families and seniors together in a unique way and are great for those without extended family nearby! They often have smaller numbers, so they feel a lot more like family gatherings and create beautiful relationships for both the families and seniors.

Note: A negative RAT may be required at times for adults to attend.
RATs available if you do not have one.

For more information or to register your interest, contact Alicia Harlow at Alicia.Harlow@playgroupwa.com.au with a contact number, email address, and age/s of your child/ren.

Playgroup  **WA**



Bethanie

Healthy Conflict

Mandurah



Conflict is a normal part of life, but if not managed properly, it can strain your personal and professional relationships, and cause emotional stress.

This workshop will help you develop essential skills to manage and resolve problems in a way that improves your relationships rather than harming them.

You will learn how to:

- define conflict and understand the importance of healthy conflict resolution
- explore common strategies for handling conflict such as avoiding sarcasm and rudeness and maintaining focus on the issue at hand
- practice active listening skills
- communicate more respectfully.

Wednesday 27 August 2024 6.30pm

Time Where: Lotteries House

7 Anzac Place, Mandurah

Cost: \$30 per person, \$15 concession



For information about our courses and workshops please call 6164 0200 or visit www.relationshipswa.org.au

Relationships Australia
WESTERN AUSTRALIA

Stress Less - Understanding and Managing Stress Mandurah



In today's fast-paced world, stress has become an increasing factor in our lives. From managing personal relationships, to dealing with unplanned events, and juggling work responsibilities, unmanaged stress can significantly impact your mental and physical health. The good news is that learning effective ways to manage stress can empower you to navigate life challenges.

In this workshop you will acquire new skills to manage your stress in a supportive and caring environment, ensuring you leave with practical strategies to help you in your daily life.

You will learn:

- The causes of stress
- How stress impacts us physically and mentally
- How to recognise your symptoms of stress
- Practical strategies to manage your stress
- Techniques to trigger the relaxation response

When: Tuesday, 3 September 2024
Time: 6.30pm – 9pm
Where: Lotteries House, 7 Anzac Place,
Cost: Mandurah
\$30

For information about our courses and workshops please call 6164 0588 or visit www.relationshipswa.org.au



Relationships Australia.
WESTERN AUSTRALIA



nom!

Tasty learning for life

nom! Children



Put the fun back into mealtimes

Are you a parent or carer of a child (0-5 years)?

The first five years of our children's lives are vital for developing healthy eating habits and building strong, healthy bodies and minds.

Gain the confidence to cook healthy meals on a budget the family will love.

We've been delivering this program for years now and one thing we've come to learn is that every family is different - but we can help you to support your children to become confident,

healthy eaters.

When

- » Healthy eating for infants and children
- » Tips for making mealtimes less stressful
- » Lunchboxes, label reading and food safety tips
- » Enjoy getting to know other parents
- » Take home free recipe books, shopping bag, *Let's Feed the Family* parent guide and a kids healthy eating plate.

When

9:30am - 12pm

Week 1: Tuesday 27/8/24

Week 2: Tuesday 3/9/24

Week 3: Tuesday 10/9/24

Week 4: Tuesday 17/9/24

Where

Ravenswood Community Centre

Jones Lane, Ravenswood

Register

<https://bit.ly/4dgj8Dp>



Creche available

Bookings essential, please email

Peel.PCWA@anglicarewa.org.au



nom.org.au



WHAT'S ON IN ROCKINGHAM

LEGO CLUB

Date	25 August 2024
Time	1pm-3pm
Price	Free
Location	Mary Davies Library and Community Centre
Suitable for	All ages



Breathe life into your imagination. Family Lego sessions are for all ages and ability levels.

Family Lego sessions will run every Sunday from 1pm - 3pm.

Bookings are not required for these sessions.

For more information please contact Mary Davies Library and Community Centre on 9591 0800 or email mdlcccontact@rockingham.wa.gov.au.



BROCCOLI AND CHEESE BITES



Prep
15m

Cook
20m

Serves
15

Difficulty
●●○○



1 head broccoli

1/2 cup coarsely grated tasty cheese

1 egg

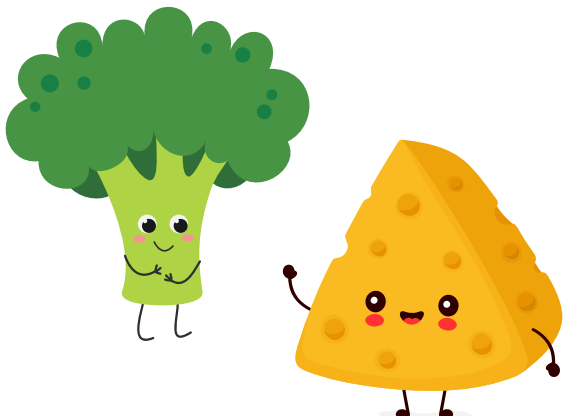
1/2 cup Woolworths panko breadcrumbs

3 scoops NAN OPTI pro 3 Toddler Milk Drink Powder

5mL Woolworths extra virgin olive oil cooking spray

1/2 cup Greek-style natural yoghurt

1 pinch crushed garlic



Method

Step 1 of 3

Preheat oven to 180°C/160°C fan-forced. Line a large baking tray with baking paper.

Step 2 of 3

Trim broccoli stalks and reserve for another use. Cut broccoli into small florets. Cook broccoli in a saucepan of boiling water for 2 minutes or until just tender. Drain. Set aside to cool slightly. Process broccoli, cheese, egg, breadcrumbs and powder until well combined.

Step 3 of 3

Roll level tablespoonfuls of the mixture into 15 balls. Place on prepared tray. Flatten slightly. Spray with oil. Bake, turning halfway through cooking, for 20 minutes or until golden. Combine yoghurt and garlic in a small bowl. Serve garlic dip with bites.

PIZZA BAGUETTES



Prep
15m

Cook
15m

Serves
6

Difficulty
●●○○



2 long pumpkin-seed & purple wheat panini rolls, cut into thirds lengthways

5ml extra virgin olive oil cooking spray

563g Woolworths light ricotta

425g Macro no-added-salt cannellini beans (rinsed, drained, mashed)

300g Sweet Solanato® tomatoes, sliced

3 zucchini, cut into ribbons

2/3 cup grated light tasty cheese

80g baby spinach leaves

1/3 bunch basil, leaves picked

Method

Step 1 of 3

Preheat oven to 200°C/180°C fan-forced. Line a baking tray with baking paper. Place rolls, cut-side up, on prepared tray. Spray with oil. Bake for 5 minutes or until lightly toasted.

Step 2 of 3

Combine ricotta and beans in a bowl. Spread over bread. Top with tomato and zucchini. Sprinkle with cheese. Bake for a further 5-8 minutes or until golden-brown.

Step 3 of 3

Sprinkle with rolls with spinach and basil. Season with freshly ground black pepper. Serve.

