



## Mandurah Workshops

Term 2: May — July 2019

### Anger Management for Men

8 weeks — Mondays 6 May - 1 July  
6.30pm - 9pm, \$130

### Managing Anger & Stress for Women - Tuesdays

7 May - 28 May, 9.30am - 12noon, \$60

### Mindfulness

Tuesday 28 May  
6.30pm - 9pm, \$30

### Coaching Kids' Emotions

Tuesday 4 June  
9.30am - 12noon, \$30

### Stronger Stepfamilies

Thursday 6 June  
6.30pm - 9pm, \$50 couple

### Rewarding Retirement Relationships

Monday 10 June, 9.30am - 4pm, \$75

### Understanding Angry Emotions - Pinjarra

Tuesday 11 June, 9.30am-12noon, \$30

### Supporting Your Anxious Child

Monday 17 June, 9.30am - 12noon, \$30

### Recharge Your Relationship

Tuesdays, 18 & 25 June  
6.30pm - 9pm, \$75 couple

### Successful Single Parenting

Wednesday 19 June  
9.30am - 12noon, \$30

### Dads Understanding Daughters

Monday 24 June, 6.30pm - 9pm, \$30

### Fathering After Separation

Thursday 27 June  
6.30pm - 9pm, \$30



Like us on Facebook: Relationships Australia WA (Mandurah)



**GENEROUS DISCOUNTS FOR CONCESSION CARD HOLDERS**

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**[www.relationshipsaustralia.org.au](http://www.relationshipsaustralia.org.au)**

**BOOKINGS ESSENTIAL**

**Office hours: Monday, Tuesday & Thursday, 9am-2pm**