



## Mandurah Workshops

### Term 1: February–April 2019

#### Anger Management for Men

8 weeks — Mondays 4 February - 1 April  
6.30pm - 9pm, \$130

#### Managing Anger & Stress for Women - Tuesdays

5 - 26 February, 6.30pm - 9pm, \$60

#### What Is Love? 5 Love Languages

♥ Thursday 14 February ♥  
6.30pm - 9pm, \$50 per couple

#### Stronger Stepfamilies

Thursday 21 February  
6.30pm - 9pm, \$50 couple

#### Successful Single Parenting

Wednesday 27 February  
9.30am - 12noon, \$30

#### Fathering After Separation

Thursday 28 February  
6.30pm - 9pm, \$30

#### Enhancing Couples' Relationships - Thursdays

7 & 14 March, 6.30pm-9pm, \$75 couple

#### Mindfulness

Tuesday 12 March  
6.30pm - 9pm, \$30

#### Parenting Teens

Tuesday 19 March  
9.30am - 12noon, \$30

#### Coaching Kids' Emotions

Monday 25 March  
6.30pm - 9pm, \$30

#### Dads Understanding Daughters

Tuesday 26 March, 6.30pm - 9pm, \$30

#### Parenting After Separation

Thursday 4 April  
6.30pm - 9pm, \$30

**GENEROUS DISCOUNTS FOR CONCESSION CARD HOLDERS**

**For all enquiries phone: 6164 0588**

**Email: [Mandurah.Education@relationshipsaustralia.org.au](mailto:Mandurah.Education@relationshipsaustralia.org.au)**

**[www.relationshipsaustralia.org.au](http://www.relationshipsaustralia.org.au)**

**BOOKINGS ESSENTIAL**

**Office hours: Monday, Tuesday & Thursday, 9am-2pm**