



Child and Parent Centre
East Waikiki



Child and Parent Centre — East Waikiki

Term 1 2019

4 February — 13 April



Address: Cnr of Carnegie Loop and Murchison Road, Cooloongup

Phone: 9367 0967

Email: eastwaikiki@ngala.com.au

All Child and Parent Centre—East Waikiki programs, services and workshops are at no cost.

In partnership with

Ngala
Parenting with Confidence

What's on at the Child and Parent Centre — East Waikiki

Monday

Babbingur Mia (Aboriginal yarn, stay and play)

9:30am — 11:30am

Yarn over a cuppa, whilst playing with your children

Sing and Grow

9:30am — 10:30am

Hands-on music activities that assist children with developmental skills

Bookings essential

Wednesday

Baby Massage

9:30am — 10:15am

For families with 0 - 6 month olds

Bookings essential

Stay Connect & Play

1pm — 2:15pm

Parent social group

Come along for afternoon tea, a chat and play experiences for children.

Tuesday

KEYS Playgroup

9:30am — 11:30am

Meet new people and connect to your community

Music and Move

1:00pm — 1:45pm

Explore the world through music and movement

Bookings essential

Thursday

Autism Association of WA First Steps for Autism

Weekly groups and individual therapy sessions.

Register your interest to the Autism Association via

firststeps@autism.org.au or 6380 5500

External Community Program

From Playgroup to Kindergarten 3 – 4 years

Prepares the child and parent /carer with knowledge and practical tips to assist with the transition into the school community.

Tuesdays (Starts 11th Feb)

9:00am — 10:30am

Cooloongup Primary School, Westerly Way Cooloongup

Friday

Friday Fun Day

9:30am — 11am

Lots of fun and creative ideas for all ages in store each week

Baby Café

12:45pm — 2:15pm

A friendly environment where families can meet and chat to the Child Health Nurse while their 0 to 12 month babies play.

**To register or for more information contact the
Child and Parent Centre – East Waikiki on 9367 0967 or eastwaikiki@ngala.com.au**



Stop in at the Child and Parent Centre — East Waikiki and enjoy our Paint Rockingham REaD swap box where you can sit and read a book with your child, take a book home or donate a loved book no longer required for another child to enjoy.

Paint Rockingham REaD encourages families to read, sing, rhyme and play with children from birth.



Workshop and Services

Date	Day	Time	Workshop
6 th Feb	Wed	9am — 11am	The Power of Positive Parenting seminar This seminar will focus on 5 principles of positive parenting: Registrations via: https://thepowerofpositiveparenting.eventbrite.com.au Held at South Coast Baptist College, 30 Gngara Drive,
13 th Feb			
13 th & 20 th Feb	Wed	6pm — 8pm	Parents to be Workshop Provides support and practical tips for the arrival of your new baby.
3 rd & 10 th Apr			
6 th Mar	Wed	9:30am – 11:30am	Dealing With Disobedience Helps develop a plan to teach your child limits and manage disobedience when necessary. Crèche available
11 th Mar	Mon	1pm – 4pm	Early Indicators Training - Autism Association For Professionals to help identify early signs of Autism. Registrations via Seminars@autism.org.au
20 th Mar	Wed	9:30am – 11:30am	Successful Toileting For families with 3 — 5 year olds Crèche available
3 rd Apr	Wed	2pm – 3pm	Healthy Lunchboxes Increase parents knowledge of a healthy lunchbox Crèche available
TBC	TBC	TBC	Protective Behaviours A life skills program designed to help teach safety to children.

Workshop and Crèche registration is essential.

To register or for more information contact the

Child and Parent Centre – East Waikiki on 9367 0967 or eastwaikiki@ngala.com.au

Speech Pathologist

Available Monday and Tuesday

Call 0437 196 098 for more information

Speech and Language Drop – In

Available the last Tuesday of every month

2:00pm – 3:30pm

26th Feb 26th March

One-on-one Consultation

Available Wednesday mornings
 Information around parenting and
 child development

Call 9367 0967 to book an appointment

Child Health Nurse

Available Wednesday, Thursday and Friday

Call 1300 749 869 to book an appointment

Relationships Australia

Counselling for children available Tuesday

Call 6164 0600 to book an appointment

Primary Immunisation Clinic

Available every second Wednesday

Call 9419 2266 to book an appointment

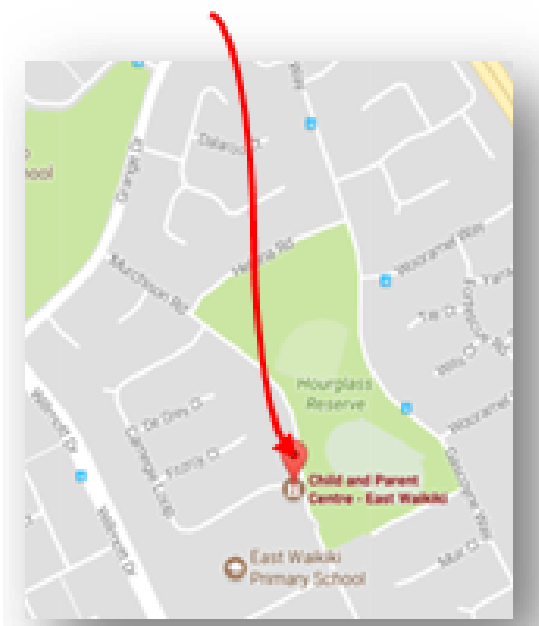
Child and Parent Centre – East Waikiki Skoolbag App

The Child and Parent Centre – East Waikiki mobile App keeps you in touch with what is happening at the centre and in the local community.

Our free mobile app provides updates on family events, programs workshops and courses



To download, go to your app store, type in 'Child and Parent Centre – East Waikiki' and click 'install' or 'get'.



**The Child and Parent Centre –
East Waikiki**

Cnr of Carnegie Loop and Murchison Road, Cooloongup

**Please turn into Murchison from
Grange Road and follow road to
the end**

**We are here!
Drop in for a chat**