# Relationships Australia.

Mandurah Workshops
Term 4: October - December 2018





### **Anger Management for Men**

8 weeks — Mondays 15 Oct - 3 Dec 6.30pm - 9pm, \$130

## Managing Anger & Stress for Women - Tuesdays

16 Oct - 6 Nov, 9.30am-12pm, \$60

## **Successful Single Parenting**

Wednesday 7 November 9.30am - 12noon, \$30

#### **Mindfulness**

**Monday 12 November 6.30pm - 9pm, \$30** 

## Communication in Relationships

Thursday 15 Nov, 6.30pm -9pm, \$30

#### **Stronger Stepfamilies**

Tuesday 20 November 6.30pm - 9pm, \$50 couple

#### **Dads Understanding Daughters**

Thursday 22 November 6.30pm - 9pm, \$30

# Healthy Conflict in Relationships - Thursday 29 Nov

6.30pm - 9pm, \$30

#### **Coaching Kids' Emotions**

Tuesday 4 December 12noon - 2.30pm, \$30

#### **Emotional Intelligence**

Wednesdays 5 & 12 December 6.30pm - 9pm, \$50



#### **GENEROUS DISCOUNTS FOR CONCESSION CARD HOLDERS**

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www.relationshipswa.org.au

**BOOKINGS ESSENTIAL**