Relationships Australia.

Mandurah Workshops
Term 4: October - December 2018





Anger Management for Men

8 weeks — Mondays 15 Oct - 3 Dec 6.30pm - 9pm, \$130

Managing Anger & Stress for Women - Tuesdays

16 Oct - 6 Nov, 9.30am-12pm, \$60

Successful Single Parenting

Wednesday 7 November 9.30am - 12noon, \$30

Mindfulness

Monday 12 November 6.30pm - 9pm, \$30

Communication in Relationships

Thursday 15 Nov, 6.30pm -9pm, \$30

Stronger Stepfamilies

Tuesday 20 November 6.30pm - 9pm, \$50 couple

Dads Understanding Daughters

Thursday 22 November 6.30pm - 9pm, \$30

Healthy Conflict in Relationships - Thursday 29 Nov

6.30pm - 9pm, \$30

Coaching Kids' Emotions

Tuesday 4 December 12noon - 2.30pm, \$30

Emotional Intelligence

Wednesdays 5 & 12 December 6.30pm - 9pm, \$50



GENEROUS DISCOUNTS FOR CONCESSION CARD HOLDERS

For all enquiries phone: 6164 0588 Email: Mandurah.Education@relationshipswa.org.au

www.relationshipswa.org.au

BOOKINGS ESSENTIAL