

ANGLICARE

Rockingham Phone: (08) 9528 0702

Address: 14 Council Ave, Rockingham 6189

<https://www.anglicarewa.org.au/>

FREE SERVICES:

Emergency Services

Counselling is offered by trained professionals who can assist with a wide variety of issues.

Counselling can be provided to individuals, couples or families. Counselling is available at Anglicare sites across WA. We also offer telephone counselling for people who cannot attend in person, including those who live in rural or remote regions. Some of the issues our counsellors can assist with include:

- Self-confidence and self-esteem
- Managing anger
- Depression and feeling depressed
- Relationship issues
- Grief and loss ([Bereavement outreach](#) AND [Children & young people suicide support](#))
- Family dynamics and conflict
- Family and domestic violence
- Being a new parent, parenting children, parenting adolescents
- Caring for a loved one with a disability, Caring for a loved one with a mental health issue, Caring for a loved one with a chronic illness, Impacts of Forced Adoption

SALVATION ARMY



Rockingham Phone: (08) 9527 3460

Address: 1-7 Willmott Drv Cooloongup WA 6168

<http://www.salvationarmy.org.au/en/Find-Us/Western-Australia/Our-Churches/Rockingham/>

FREE SERVICES:

Community Lunch

Come along for a delicious free lunch, make friends, enjoy laughter and support.

Tuesday 11am–1pm

Emergency financial Services phone for an appointment

Includes food hampers, vouchers, bill assistance

Counselling