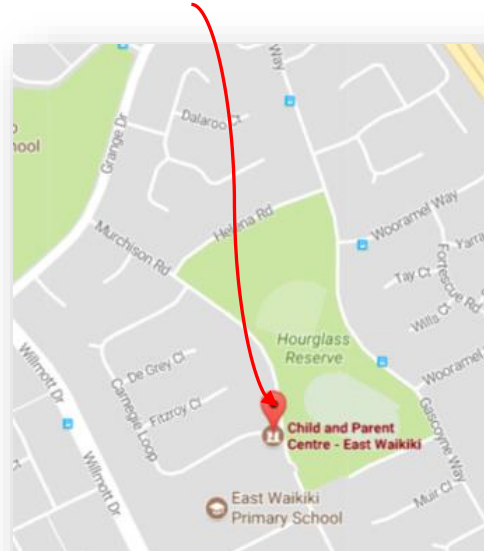


# WORKSHOPS: May and June 2018

Day Date Time	About the workshop...	Location
<b>Tuesdays for 5 weeks:</b> 15, 22 and 29 May, 5 and 12 June 2:45 to 4:00 pm	<b>Noongar language sessions</b> After school program. Facilitated by Miss Taylor (Teacher) and Phil Collard (AIEO) from East Waikiki primary school	<p><b>Workshops are to be held at the Child and Parent Centre – East Waikiki (unless otherwise stated)</b> Cnr of Carnegie Loop and Murchison Road, Cooloongup</p> <p>Please turn into Murchison from Grange Road and follow road to the end</p> <p><b>We are here!</b></p> 
<b>Mondays for 5 weeks:</b> 7, 14, 21, 28 May and then 11 June* <i>*No session on 4 June as public holiday</i> 1:00 to 3:00 pm	<b>Circle of Security</b> To assist parents to provide positive and respectful interactions while supporting child development. Facilitated by the Department of Health <i>Apologies but no crèche</i>	
Tuesday 12 June 12:30 to 2:30 pm	<b>Toileting</b> <i>Suited to children age 2½ to 4 years</i> Tips on helping your child transition from nappies to independent toileting. Sponsored by the Rockingham City Council Facilitated by Gail Rose, Child Health Nurse from Ngala <b>Crèche*: Limited places available, bookings essential by Tuesday, 5 June.</b>	
Wednesday 13 June 6:00 to 8:00 pm	<b>Bedtime Routines – TO BE HELD AT GOODSTART EARLY LEARNING</b> <i>Located 41-43 Council Avenue, Rockingham</i> Establishing positive bedtime routines for children of all ages. Facilitated by Tonia Fahey, Department of Education <b>Crèche*: Limited places available, bookings essential by Tuesday, 6 June.</b>	
Wednesday 13 June 6:00 to 8:00 pm	<b>EVENING Workshop for Dads</b> Discussion about the important role that dads play in today's families. Granddads, step dads and carers are welcome too. Light refreshments provided. Facilitated by Keith Read, DadsWA for Ngala	
Monday 18 June 12:30 to 2:30 pm	<b>Interactive playgroup for early language</b> <i>Suited to children age 18 months to 4 years</i> A fun interactive playgroup to learn strategies to help promote language development. Facilitated by Britt Smith, Speech Therapist from the Department of Health	
Tuesday 19 June 12:30 to 2:30 pm	<b>Nutrition</b> Discuss the importance of breakfast, healthy eating and exercise for pre-schoolers. Tips provided for a healthy lunch box. Sponsored by Rockingham City Council Facilitated by Gail Rose, Child Health Nurse from Ngala. <b>Crèche*: Limited places available, bookings essential by Tuesday, 12 June.</b>	
Tuesday 26 June 12:30 to 2:30 pm	<b>Protective Behaviours</b> Parents learn how to keep a child safe and are provided with strategies to cope with situations like bullying, abuse and domestic violence. Remember you have the right to feel safe! Facilitated by KEYS <b>Crèche*: Limited places available, bookings essential by Tuesday, 19 June.</b>	
Wednesday 27 June 9:30 to 11:00 am	<b>You and Your New Baby</b> Workshop about becoming a parent with practical tips provided on daily routines, feeding, bathing and settling baby Facilitated by Jill Sumner, Child Health Nurse from Ngala	

**\*Please advise if you no longer need a place in the crèche, thank you!**

## Please register for workshops via any of the following methods:

### Skoobag App:



- Click the "App Store" icon on your device
- Search for "Child and Parent Centre East Waikiki"
- Click "install" or "Get and install"

### Email:

Eastwaikiki@ngala.com.au

### Telephone:

9367 0967

### At the Centre:

Have a chat with any of the staff for details

**IMPORTANT:** When registering, please provide your name, suburb, child(ren)'s name(s) and DOB(s), email, mobile and where you heard about the activity, **thank you!**