



Government of **Western Australia**
Department of **Health**
Child and Adolescent Health Service
Child and Adolescent Community Health



CIRCLE OF SECURITY

Parenting Program

**Adult group suited to parents
with children aged 2 to 4 years**

Circle of Security is a must for every parent's tool kit

- Learn the ***importance of the parent-child relationship*** and how to keep it strong
- Learn how to ***identify your child's emotional needs***
- Learn how to ***manage your child's emotions*** and ***your own response to them***

Help your child have greater resilience, fewer behavioural difficulties, better relationships with family and friends, improved self-esteem and enhanced school readiness.

When We Feel Safe and Secure, Learning Happens

When: Mondays, over five sessions
7, 14, 21 and 28 May and then 11 June*

**No session on 4 June as public holiday*

Time: 1:00 to 3:00 pm

Where: Child and Parent Centre – East Waikiki
(located corner of Carnegie Loop and Murchison Road, Cooloongup)

Bookings are essential – no crèche available

Please email EastWaikiki@ngala.com.au or call **9367 0967**