

SURVIVAL KIT for Separating Dads



Have you... separated from the mother of your children?

Are you... finding that your separation is presenting many challenges for you, as a Dad?

If so... this seminar is for you!

We, at Relationships Australia, acknowledge that separation is among the toughest experiences a Dad will have. Separation can involve a range of intense feelings, as Dads face the challenge of staying connected with their kids. This brand-new seminar aims to provide a supportive space to Dads, as they navigate the process of separation.

This seminar will:

- 🕒 acknowledge men's range of experiences of family separation;
- 🕒 identify strategies men have used to stay well in previous difficult times; and
- 🕒 offer suggestions for staying well through the separation process.

We recommend all separating Dads to attend this session prior to any other courses, especially parenting courses.

Mandurah

Thursday 08 March 2018 | Lotteries House – 7 Anzac Place, Mandurah

Fee: \$30.00 per person * ***Time:*** 6:30pm – 9:00pm

Places are limited - please contact (08) 6164 0588 to register today!

* For persons experiencing financial hardship, a fee reduction can be approved.

