

## Healthy Conflict in Relationships

**A one night workshop  
for couples and  
individuals**



**Conflict is a normal part of any relationship. How to manage it and resolve problems in a way that improves relationships rather than harms them is the focus of this one-night seminar.**

During the workshop you will:

- define what constitutes conflict and the importance of healthy conflict resolution
- explore common strategies used while handling conflict
- learn new skills for healthy resolution
- explore a step-by-step approach to healthy conflict resolution.

**Wednesday 21 March, 6.30pm to 9pm**

**Don't miss out! Book by Thursday 15<sup>th</sup> March**

**Lotteries House, 7 Anzac Place, Mandurah**

**\$30 per person (\$15 for concession card holders)**

**Places are limited so book now on 6164 0588 or  
Email: [Mandurah.Education@relationshipsaustralia.org.au](mailto:Mandurah.Education@relationshipsaustralia.org.au)**