

What's on... in Freeo?

Are you... experiencing challenges in one, or some, of your relationships?
Do you... want to strengthen, nurture and sustain the relationships you share with those special to you?
If so... these seminars are for you, and being offered in Fremantle!

We, at Relationships Australia, are proud to offer the following two parenting seminars, to the community of Fremantle, and surrounds!

Dads Raising Boys Wednesday 07 March - 6:30pm - 9:00pm

In recognising that fathers can be their son's anchor, or role-model for adult behaviours, this seminar is suitable for Dads, with sons aged 12 and under, who want to strengthen the self-esteem, identity, personal resilience of their son, and enhance his/their ability to manage challenging behaviour.

Emotion Coaching Wednesday 28 March - 6:30pm - 9:00pm

Emotional Intelligence (EI); the ability to recognise and manage one's emotions, and those of others, is considered to be one of the most useful tools a parent can provide for their children. This seminar explores strategies for responding to a child, to assist in the development of emotional literacy and regulation of emotion.

Places are limited - please contact (08) 6164 0200 to register today!

It would be great to see you!

