



# Engaging Adolescents

## *Parenting skills for resolving teenage behavior problems*

A three-session program for parents and carers

### Learn:

- Some common ground shared by parents and reasonable expectations to hold about adolescents
- New understandings of adolescence
- A three-option model and flow chart for decision-making
- Self check-in, first - for parents.
- Building relationship with your teenager and making the best of your non-crisis conversations with them
- Skills for tough conversations for handling those problems you just can't ignore

### Event Details

<b>When</b>	Tuesdays 9am -12pm
<b>Dates</b>	5 <sup>th</sup> , 12 <sup>th</sup> & 19 <sup>th</sup> September
<b>Where</b>	9 Baralda Court, Rockingham WA 6168
<b>Cost</b>	\$10 for the parent workbook

### Further Information

Contact KEYS on 9439 1838 for further information or to register.  
Crèche is not available for this workshop.



SOUTH WEST METROPOLITAN PARENTING PARTNERSHIP