

## **Referral Form**

## Fax to 1300 325 301 or Email to program@betterhealthcompany.org

The Better Health Program is a community-based program, FREE for overweight and obese children, aged 7 to 13 years and their families. The program supports families to make healthy lifestyle changes, producing clinically significant results on weight, fitness and self esteem.

The parent/carer will be contacted within three working days to enrol the family into a local Better Health Program.

For further information go to:

www.betterhealthprogram.org or call us on 1300 822 953