



123 Magic and Emotion Coaching

A parenting program for parents of children aged two-12 years

123 Magic and Emotion Coaching is a three session program for parents with children aged 2 - 12 years. The program explores ways parents can increase their children's ability to manage and self-regulate their feelings and reactions.

Learn more about;

- Building positive relationships with children
- Encouraging positive behaviour
- Setting family rules and routines
- Planning to manage or avoid potentially difficult situations

Where: **Falcon Family Centre, 60 Linville St, Falcon**
When: **18th, 25th October, 8th November - attending all sessions**
Time: **9.15am – 12pm**
Cost: **free**
Crèche: **Limited places, bookings essential**

For more information, please contact:

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