



Kwinana Early Years Services Incorporated
Strengthening and Supporting Families



KEYS to Counselling

**Discover new ways to communicate
and resolve issues**

We are here to listen and provide support

*"Feelings are like waves, we can't stop them from coming
but we can choose which ones to surf!"*

Call (08) 9439 1838 for more information

info@keyswa.org

www.keyswa.org

“Parenting is a stage of life’s journey, it’s not always easy.”

KEYS to Counselling is a FREE service offered to parents/carers living within the Kwinana and Rockingham communities with children aged between 0-12 years.

The KEYS Counsellor works from a non-judgemental, strength based perspective focussing on your individual situation in order to provide the support needed.

Short term support is available for:

- ◆ Parenting concerns and goal achievement
- ◆ Ages and stages of understanding child development
- ◆ Behavioural issues and management
- ◆ Developing and enhancing family relationships
- ◆ Life skills and social skills
- ◆ Identifying and expressing feelings and thoughts effectively
- ◆ Increasing self worth and learning assertive communication
- ◆ Post separation/divorce
- ◆ Resources and education
- ◆ Information and referrals to appropriate services

KEYS welcome Aboriginal families, families from other cultural backgrounds and grandparents raising their grandchildren.

The Counsellor is bound by an ‘Oath of Confidentiality’ in relation to counselling sessions. However, where there is a threat or risk to an individual’s safety, confidentiality may be waived.



Government of **Western Australia**
Department for **Child Protection**
and **Family Support**



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