



Humanitarian Entrant Family Support Service



Do you need support for your child and/or family?

All families go through good and bad times. Sometimes there can be worry, stress and tension within the family. You might be concerned about your children's emotional and social wellbeing.

You are not alone.

Often families need support to get through the tough times, even more so when you have taken the brave step to settle in a new country.

How can we help?

We offer a free family support service that provides counselling (including play therapy) and emotional support, groups for kids, information, referrals and home-based family support.

Who is this service for?

Children, from birth to 18 years and their families and carers who are living in Rockingham, Kwinana, Cockburn and Fremantle.

You can access this free service, no matter what your humanitarian visa type or the number of years you've been in Australia.

How do I get help?

Individuals and families can contact us directly, or referrals may be made through community organisations, both government and non-government.

To make an appointment to speak to a Child and Family Practitioner:

call **6164 0600**

email **4families@relationships.org.au**

visit **www.relationships.org.au/4families**

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