

PEEL LANGUAGE DEVELOPMENT SCHOOL

11 March 2020 Issue 3





Dear Parents,

Individual Language Plan (ILP) Meetings will be held in weeks 8–10 and each class has an organised day. Meetings are strictly 10 minutes and spaces are limited.

Go to www.schoolinterviews.com.au and enter the code $\ensuremath{\mathbf{v}}\mathbf{2abu}$

Welcome to week six of a busy and productive term one. I hope you all enjoyed the extra day with your families over the long weekend.

In this newsletter you will find information about school fees, School Banking and the updates from our four sites. We also hope you enjoy the Language Update and information from the school nurse.

Also in the newsletter you will find information about booking in for Individual Language Plan meetings with your child's teacher and a Speech and Language Officer. The purpose of the meeting will be to discuss the goals and teaching strategies in your child's Individual Language Plan. Please send an RSVP once you receive the letter or use the online booking system. We look forward to meeting with you to strengthen the quality partnerships we value with parents.

Just a reminder to parents to update any changes to contact details with the front office. It is essential that we have up to date contact numbers in case of an emergency. If your child is on the bus, please alert them to any changes in the daily schedule along with a note to the class teacher in the Communication Book. Please be aware that we are only able to release your child to adults you have included on your contact list.

As you will be aware from the media and health department updates, it is very important to practice safe hygiene which includes hand washing, keeping your child home if they are unwell, good nutrition and adequate sleep. We have included information in this newsletter about safe hand washing.

Shelley Collins Principal





Diary Dates

Rockingham Lakes

Friday 20 March - Happy Walk

Friday 27 March - Pyjama Day

Friday 3 April - Assembly Rooms 1.3 &1.4

Thursday 9 April – Easter Hat Parade and Raffle

Mandurah

Wednesday 11 March– Community Breakfast

Bungaree

Monday 30 March till Thursday 9 April -Swimming Lessons

Pinjarra

For all absences and enquiries please call Main Campus.
PH: 08 9523 7830

RLPS



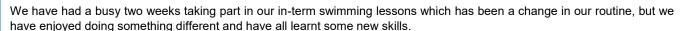
D2

We cannot believe how fast this term has flown by. It has definitely been a busy one in D2. We have spent lots of time getting to know each other and building strong relationships with our new friends and learning all the routines of our new Pre-primary class. We have had a fabulous start to the year and have settled in nicely.

We have spent lots of time learning about our 5 senses - sight, smell, touch, taste and hearing. We enjoyed using our senses to

make our own 'Scent Gardens' that make the classroom smell amazing.

We love building together as a team in the block corner and have created some amazing structures.



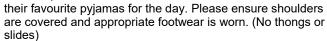
We are looking forward to settling into routine again next week and opening our new 'Hairdressing' home corner.



Upcoming Events

Be Proud Happy Walk– Friday 20th March. The Happy Walk will take place on the oval from 10:00am - 10:30am. Please wear **Orange**.

Pyjamas All Day - Friday 27th March. For a gold coin donation, students can wear



Easter Hat Parade and Raffle Draw— Thursday 9th April. Students will be creating a hat in class. The parade will occur on the School Oval at 8:50am.

Following the parade the raffle will be drawn. Raffle tickets will be available to purchase before school from 8:25am - 8:40am in the PP and undercover area from Monday 30th March until Wednesday 8th April. Tickets will be 50c each or 3 for\$1. Easter related donations for this raffle are much appreciated and can be dropped off at the office from now until Tuesday 7th April.



School Banking

Rockingham Lakes Primary School and Peel Language Development School is excited to offer the Commonwealth Bank School Banking program to all students.

School Banking is a fun, interactive and engaging way for young Australians to learn about money and develop good savings habits. Children who deposit money into their Youth-saver account through School Banking will earn an exciting reward every time they reach 10 deposits.

School Banking is also a great fundraiser for our school. Our school receives a Regular Savers Contribution of \$5 for every 10 deposits processed per student as well as an Annual Contribution which is based on the number of students who made at least one School Banking deposit in the prior year.

Getting involved in School Banking is easy!

All you need to get involved in the School Banking program is a Commonwealth Bank Youthsaver account. You can open an account for your child in one of two ways:

1. Online

Visit **commbank.com.au/schoolbanking** and click on the link to open a Youthsaver account.

2. In branch

Visit a Commonwealth Bank branch with identification for yourself and your child, like a driver's licence and birth certificate

If your child has an existing Commonwealth Bank Youthsaver account they can start banking straight away. They just need to bring their deposit in every week on School Banking

day using their Dollarmites deposit wal-

School Banking day is Friday each week from 8.20 am to 8.40 am in Block 3 Alcove.





Mandurah

Room 18

What a busy start to the term we have had. Our new students have settled in beautifully and are busily making new friends. We are learning lots and this term have been reading the story 'The Very Hungry Caterpillar.' The students have been sequencing pictures and having a go at retelling the story on their own. We are learning to use complete sentences and about the story elements 'who,' 'where,' 'when' and 'what.'





In Math, the students have continued on with the theme 'The Very Hungry Caterpillar.' We are making a number book containing all the fruits that the caterpillar ate in the story. Here are our apples and pears so far. This week we are making three plums with purple marble painting.









We are learning to count every day.

We are learning how to count out collections, draw collections of objects and how to write numbers using the correct formations. We are also learning lots of counting songs including our favourites 'Five Little Ducks' and 'Five Speckled Frogs.'









In Sport we are learning how to safely climb on the climbing equipment as well as focusing on balancing. Here are some photos of us outside

enjoying the beautiful sunshine.





As a pre-cursor to writing, we are learning the Peggy Lego pre-writing patterns. These patterns form the basis of our letters when writing so are very, very important. Today the kindy students practiced 'Sideways, Sideways' and the Pre-Primary students practiced 'Click and around.'



Bungaree

Welcome to Science



Room 2 have been learning about the animals we find at school and at home. They have created a Worm Farm and are feeding them with their crunch and sip scraps. Room 2 have been learning about the wonderful things that worms do for us all. They also have some beautiful snails as class pets and have been learning about their needs. They have been doing a great job.





Room 3 have been learning about Mealworms. They have been developing their observation skills and using a magnifying glass with growing accuracy. They have Mealworms as class pets at the moment and have created a roster, making sure everyone has a turn at looking after them. Well done Room 3.

Room 2



Room 2 has had a terrific start to 2020. We have settled into our new classroom and school very well and are learning all the new school rules and routines.

This term, we have been spending time learning all about ourselves and our new friends. We created some absolutely fantastic self-portraits and completed an informative 'all about me' activity, which helped all new students get to know each other a little

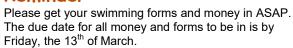
better.



The Bungaree PS safety focus and rule this term is 'we walk on the concrete and run on the grass'. Congratulations to our students who were awarded a special safety award at our mini assembly on Wednesday, for following our school safety rules.



Reminder



Swimming Lessons begin Monday 30 March until Thursday 9 April







Pinjarra

The students at Pinjarra have settled into the school year with learning routines now well in place. All classes have kicked off the year with daily morning fitness sessions to improve fitness, strength, coordination and social skills. Skipping is very popular, with students showing improvement in their skills over just a few short weeks.

Literacy is embedded in everything we do at Peel Language Development School and the Year 2/3 class has been immersed in some engaging picture books to start the year. Student's learnt about rules, emotions and text features through reading the amusing book written by Mo Williams; 'The Pigeon Has to Go to School'.







'The Koala Who Could' supported our narrative goals of event structure and character's goals and actions along with tying into our You Can Do It theme of confidence and resilience.

All Campuses

Fees

We have an incentive running at the moment where if you pay your child's fees in full before the end of Term 1 (Thursday 9th April) you will automatically be entered into the draw to win a bike. This prize has very kindly been donated by Paul Papalia's office, of which we are very grateful for the support. The winner will be announced during Assembly early in Term 2. Your Voluntary Contributions and Charges can be paid via



- * eftpos located ONLY at Rockingham Lakes Campus Office
- * Direct Debit BSB: 036-074, Acc: 226824, Reference: child's name





Dear Parents.

Individual Language Plan (ILP) Meetings will be held in Weeks 8-10 and each class has an organised day.

Meetings are strictly 10 minutes and spaces are limited.

Go to www.schoolinterviews.com.au and enter the code

v2abu



Enter your details



Select your child's teacher



Select the appointment time that suit your family best



When you click FINISH your selected bookings will be emailed to you immediately. If you do not receive your email, please check your junk-mail, or enter the event code again and check your email address spelling. Update your details if email address is incorrect.

DO NOT DELETE the email you receive. Keep it somewhere safe. You may need to refer back to it at a later date.

REMEMBER TO ADD YOUR APPOINTMENTS TO YOUR CALENDAR

Bookings must be finalised the day before ILP meeting

If you need to view, cancel, change or print your bookings:

- Click on the link in the confirmation email you received after you made your bookings
- OR return to $\underline{www.schoolinterviews.com.au}$ and enter the code and the email address you used when making your bookings.



PEEL LANGUAGE DEVELOPMENT SCHOOL

Independent Public School SCHOOL BOARD MEETING 26th February 2020

Chairpersons Communicae

- 1 Chairperson
- 2 Ex Officio
- 2 Apologies

Business Arising from Previous Minutes included:

- 2020 Draft Budget was endorsed by Board
- · New Community Member accepted Hazel Hatfield. Rowan Lambert to be invited to next meeting.
- Members invited to next Staff Meeting
- RLPS Good Standing Policy discussed.

Outreach, Financial & Principal Reports were all presented to the Board

2020 DoE Documents copies given to Members

Member Tenures updated. Kynan Ridley voted back in for a further 12-month Tenure. Kim Sunderland now a Community Member

2020 Staff Development Days discussed with Members. Parents to be advised when dates

New RLPS Campus SunSmart & Mobile Phone Policy given to Members.

Next Board Meeting scheduled for 20th May, 9am, Term 2.



Michelle Williams

Peel Language Development School School Board Chairperson

Welcome from the Speech Pathology Team

The Speech Pathology Team would like to welcome all new parents and caregivers of students in 2020. We hope the year has started well for you.

Below is a link to a short 10 minute video providing information for new PLDS families on speech, language and upcoming Individual Language Plan (ILP) meetings

https://vimeo.com/393371202

The password for accessing the video is: PLDS

Alternatively, scan the below code using your smartphone's camera and click on the link to view our video!



The password for accessing the video is: PLDS

If you have any questions about the content of the video, please let your classroom teacher know.

Thank you! PLDS Speech Pathology Team

All Campuses



Why Can't I Skip My 20 Minutes of Reading Tonight?



	1000
Student "B" reads 5 minutes each day	Student "C" reads 1 minute each day
900 minutes in a school year	180 minutes in a school year
282,000 words	
	reads 5 minutes each day 900 minutes in a school year

90th percentile 50th percentile

8,000 words

10th percentile

By the end of 6th grade Student "A" will have read the equivalent of 60 whole school days. Student "B" will

have read only 12 school days. Which student would you expect to have a better vocabulary? Which student would you expect to be more successful in school...and in life?

(Nagy & Herman, 1987)

Harmony Week

On the 21st March it will be the 20 year anniversary of Harmony Day celebrations. Since 1999, more than 80,000 Harmony Week events have been held in childcare centres, schools, community groups, churches, businesses and federal, state and local government agencies across Australia.

What is Harmony Week?

It is a time to celebrate Australian multiculturalism, and the successful integration of migrants into our community. Australia is one of the most successful multicultural countries in the word and we should celebrate this and work to maintain it. Harmony Week is about inclusiveness, respect and belonging for all Australians, regardless of cultural or linguistic background, united by a set of core Australian values.

Why Orange?

Orange is the colour chosen to represent Harmony Week. Traditionally, orange signifies social communication and meaningful conversations. It also relates to the freedom of items and encouragement of mutual respect. Australian can choose to wear something orange during Harmony Week to show their support for cultural diversity and an inclusive Australia.

Facts and Figures

There are some fascinating statistics about Australia's diversity that can be good conversation starters:

- *Nearly half (49 per cent) of Australians were born overseas or have at least one parent who was
- *We identify with over 300 ancestries
- *Since 1945, more than 7.5 million people have migrated to Australia
- *85 per cent of Australians agree multiculturalism has been good for Australia
- *Apart from English, the most common languages spoken in Australia are Mandarin, Arabic, Cantonese, Vietnamese, Italian, Greek, Tagalog/Filipino, Hindi, Spanish and Punjabi
- *More than 70 Indigenous languages are spoken in Australia

(These faces are taken from ABS 2016 Census Data. Check out the Australian Bureau of Statistics website)

FUN WITH LANGUAGE

Silly collages

- Cut out pictures from old magazines and make silly collages with them
- For example, glue a dog into the driver's seat of a car
- Talk about why it is silly, or what is wrong with the image, and what
 it should be instead



School Nurse

Hand washing

Washing hands is the easiest way to protect ourselves from contagious diseases, like colds, influenza and gastroenteritis. Hands should be washed before and after eating or preparing food, after going to the toilet and after nose blowing.

When teaching your child to wash their hands:



- *Use clean water and soap, making sure they cover their hands and wrists.
- *Use a brush to clean under nails if they're dirty too
- *Dry their hands with something clean (like a paper towel)

Alcohol based sanitisers are useful when soap and water is not available. Use half a teaspoon of the product and encourage your child to rub their hands together until they're dry. If you can see dirt on their hands, it is better to use soap and water.

20

For more information go to www.healthywa.wa.gov.au



Soapy Hero training steps

- WET your hands with water
- RUB soap all over your hands for as long as it takes to sing "Happy Birthday" twice
- RINSE the soap off your hands
- DRY your hands with a clean towel, paper towel or under a hand dryer.

Community News

Relationships Augralia

Mandurah Workshops

Term 1: February - April 2020



Anger Management for Men 8 weeks — Mondays 10 Feb - 6 April 6pm - 8.30pm, \$130

Managing Anger & Stress for Women - Tuesdays 4 Feb - 3 March, 9.30am - 12noon, \$60

Communication in

Relationships Wed 19 Feb, 6.30pm - 9pm, \$30

Successful Single Parenting

Wednesday 26 February 9.30am - 12noon, \$30

Coaching Kids' Emotions

Wednesday 4 March 6.30pm - 9pm, \$30/\$50 couple

Raising Boys

Tuesday 10 March 9.30am - 12noon, \$30

Recharge Your Relationship

Thursdays, 12 & 19 March 6.30pm - 9pm, \$75 couple

Self Worth for Women

Valuing Yourself - 4 weeks—Tuesdays 17 Mar - 7 April, 9.30am-12pm, \$60

Fathering After Separation

Wednesday 18 March 6.30pm - 9pm, \$30

Supporting Your Anxious Child

Mon 23 March, 9.30am - 12noon, \$30

Stronger Stepfamilies

Wednesday 25 March 6.30pm - 9pm, \$50 couple

Mindfulness

Wednesday 1 April 6.30pm - 9pm, \$30

Like us on Facebook: Relationships Australia WA (Mandurah)



GENEROUS DISCOUNTS FOR CONCESSION CARD HOLDERS

For all enquiries phone: 6164 0588

Email: Mandurah.Education@relationshipswa.org.au

BOOKINGS ESSENTIAL

Office hours: Monday, Tuesday & Thursday, 9am-2pm

PARENTING COURSES

March 2020 West Leederville Branch

Dads Raising Boys

Tue 3 Mar

6.30-9pm

\$30/pers

For a boy a close relationship with his father is like gold. A father can be an anchor for a son. A Dad models behaviours that shape who they become as an adult. This workshop for Dads will assist in building their sons' self-esteem, healthy identity and resilience as well as managing challenging

atent Teen Connection Tue 10 - 31 Mar 6.30-9pm

Are you going through difficult times with your teenage child? Struggling to understand their moods and behaviour? We know that adolescence can be a time of turmoil and change – for both children and their parents. There are plenty of things you can do to maintain a strong relationship and stay connected with your teen. This course will provide you with a practical how-to' guide to help you understand their behaviour and show you some skills to manage their behaviour effectively.

torstanding Stepfarmily Relationships Sat 21 Mar 930-430

Stepfamilies present a whole array of challenges that are different to those found in a biological family. It is a huge juggling act! This one day workshop is based on research that highlights some of the more helpful ways of forming and living in this new family, be it a stepfamily or a blended family. Learn some useful strategies around how to parent and maintain healthy relationships in this context.

How to Develop Qualities in my Children Sat 28 Mar 630-9pm \$30pp

All parents and those caring for children would like to see children display such qualities as kindness, truthfulness, farness and respect. Come to this one-day workshop and learn the strategies you need to develop these qualities in our children. This workshop is based on the Virtues Project.

Yums Raising Teen Girls Mon 30 Mar

As we know, the relationship between a mother and her daughter is very important. This workshop helps mothers to better understand their daughters and the challenges they go through during puberty and helps to better equip their daughters to be happy and strong individuals

Places are limited - please contact (08) 6164 0239 to register today

For more information about our courses and workshops, please click here or visit www.relationshipswe.org.au

Relationships Assgratia



For Parent and Child

Physical exercises are constantly linked with mental and social skills. The Rock and Water Program teads from simple self-defence, boundary and communication exercises to a strong notion of self-confidence. The program offers a framework of exercises and ideas to assist boys and girls aged between 8 and 14 years to become aware of the purpose and motivation in their life.

The following topics are discuss

- · Bullying
- Life goals
 Developing a positive self-image
- Communication skills
- Personal boundaries

The course teaches the following

- · Practical anti-bullying strategies
- Self-confidence, self-awareness and self-control An introduction to basic self-defence skills
- Communication skills and interpretation of body language cues Alternatives to aggressive verbal and physical responses to fear and doubt
- Thinking and being in control through grounding, centeredness and mental focus

Facilitated by Craig Van Waardenburg (credited Rock and Water trainer) this family activity based program builds on the complementary strengths of 'the rock' and 'the water'. One is firm and assertive while the other is flexible and willing to cooperate.

Nate: Due to the nature of the activities, there is only room for one child per adult attending

WEST LEEDERVILLE - Level 1, 22 Southport Street Where:

When Saturday 4 April Saturday 13 June

8.30am - 12.30pm

\$70 per pair/ \$60 per pair conces

Bookings are required. Please phone 6164 0200 to enrol.

For more information about our courses and workshops, please click hore or visit.





Community News



TERM 1 2020 PARENTING WORKSHOPS

KEYS provide workshops to parents/carers with children aged between birth to 18 years living in the Kwinana, Rockingham, Cockburn, Melville and Fremantle regions.

Date	Day	Time	Program	Créche	Location
12 ^m Feb	Wed	6:00pm- 8:30pm	1,2,3 Magic & Emotion Coaching (3 week program every Wednesda	No y)	Calista Child & Parent Centre Harlow Rd Calista
14 th Feb	Pri	9:00am- 11:00am	Circle of Security Parenting (8 week program every Friday)	Yes	Westerly Family Centre 27 Westerly Way Cooloongup
18" Feb	Tues	12:30pm- 2:30pm	Sensory Kids (1 Session)	Yes	East Walkiki Child Parent Centre On Carnegie Loop & Murchison Rd Cooleongup
25" Feb	Tues	12:30pm- 2:30pm	Safe Play Understanding & responding to se Behaviours in children (1 Session)	Yes xual	East Walkiki Child Parent Centre Cnr Carnegie Loop & Murchison Rd Cooleongup
28 th Feb	Pri	12 noon- 2:30pm	Protective Behaviours Parenting (I Session)	No	Mother Teresa Catholic College 731 Eighty Road Baldivis
16" Mari	Mon	12 noon- 2:00pm	Safe Play. Understanding & responding to Sexual Behaviours in Children (3	Yes Session)	Calista Child & Parent Centre Harlow Rd Calista
10 th Mar	Tues	9:30am- 11:30am	Take a Stand on Bullying (1 Session)	Yes	Port Kennedy Primary School 1 La Manche Ave Port Kennedy
1º April	wed	9:15 am - 11:45am	Protective Behaviours Parenting (1 Session)	Yes	Baker/Lydon Rooms, Upstairs Darius Building, Robbos Way Kwinana Town Centre
8 th April 1	Wed	6:00pm- 8:00pm	Bullying No Way (1 Session)	No	Calista Child & Parent Centre Harlow Rd Calista

KEYS Workshop Overview

Circle of Security - For parents of children 0-18 years (2 hrs x 8 weeks)

Circle of Security is an early intervention workshop for parents and carers, which focuses on the child/parent rela-tionship and how to create a secure attachment.

- Our trained Facilitators work with parents and care givers to help them:

 Understand their child's emotional world by learning to read their emotional needs
 - Support their child's ability to successfully manage emotions
 - . Enhance the development of their child's self esteem

1-2-3 Magic & Emotion Coaching - For parents of children 3-12 years (2.5 hrs x 3 weeks)

1-2-3 Magic & Emotion Coaching is a parenting workshop which gives parents and caregivers a simple and effective approach to discipline 2 - 12 year olds. It provides parents with the knowledge and practical skills to set limits confidently and calmly when required and the ability to follow through with reasonable consequences.

Protective Behaviours Overview - For parents of children 0-18 years (2.5 hours)

The Protective Behaviours program is a proactive approach to provide children, teens and vulnerable people with the skills and strategies to recognise when they are feeling unsafe and where to go to for help. Delivered in a safe format, this program is designed to leave parents feeling positive about equipping their children with positive life skills, such as asserveness, emotional literacy and problem solving. These skills assist children to better cope with anxiety and know when to take risks, where to go for help and how to speak up against peer pressure, bullying and abuse.

Take a Stand on Bullying - for parents of children aged 5 - 17 (2 hours)

Take a Stand on Bullying is a parenting workshop specifically designed for parents of school aged children 9aged 5 - 17). This introductory workshop identifies bullying behaviours and offers a range of strategies for parents to emotionally support and advocate for their child whether the child is experiencing or exhibiting bullying behaviours.

Sensory Kids - For Parents of children 0 -17 years (2 hours)

While we all have our sensory preferences, some children can experience difficulty in organising and responding to sensory input, which can lead to learning difficulties, developmental delay, anxiety and stress. This session is designed to inform parents as to how they can best support their children to organise sensory input, how it can affect children who have difficulties with organising sensory input, basic strategies and coping mechanisms for parents, when to seek further support and correct referral pathways for support and therapy if required.

Safe Play - Understanding sexual development and how to respond for Parents of children 0 - 17 (2 hours)

it can be difficult for parents and caregivers to know how to respond to sexual behaviour in children. This information session will provide an overview of what is considered normal and age appropriate, which behaviours need to be monitored more closely and which behaviours are a cause for concern. Utilising strategies from the Protective Behaviours framework we will also discuss appropriate responses to each.

